

## Summer Sports Programs

### Hummingbirds Soccer

#### Ages 3-6

Children have fun and learn the basics of soccer in an age-appropriate program. Players learn dribbling, passing, trapping, shooting, defending, and positioning. Each session consists of instruction in all aspects of the game, participation in fun drills designed to teach skills, and fun, low-key, non-competitive games.

**When:** Wednesdays, 6/3 – 7/6  
5:30pm-6:30pm (ages 3-4)  
6:30pm-7:30pm (ages 5-6)

**Where:** Filo Field  
**Fee:** \$60 (includes T-shirt)

### Flag Football

#### Ages 5-10

Children have a blast learning the basics of football. Players are grouped by age, coached at their level of understanding, and play fun, low competition games. Players will learn the basic fundamentals of both offense and defense from Jump Start Sports coaches.

**When:** Thursdays, 6/4 – 7/9  
5:30-6:30 (ages 5-7)  
6:30-7:30 (ages 8-10)

**Where:** Filo Field  
**Fee:** \$60 (includes T-shirt)

### T-Birds T-Ball

#### Ages 3-5

T-Birds T-Ball is a fun and highly instructional introduction to baseball for 3-5-year-old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games.

**When:** Mondays, 7/6 – 8/10  
5:30pm-6:30pm and 6:30pm-7:30pm  
Children will play a rotating schedule of games

**Where:** West Mifflin Baseball Complex  
**Fee:** \$65 (includes T-shirt and MLB hat)



Register Online at [www.jumpstartsports.com](http://www.jumpstartsports.com).

For more info call 724-493-0770 or email [JYuvan@JumpStartSports.com](mailto:JYuvan@JumpStartSports.com).



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